

EYFS SMSC (spiritual, moral, social and cultural)

The seven areas of Learning and Development together make up the skills, knowledge and experiences appropriate for children as they grow, learn and develop.

Although presented as separate areas, it is important to remember that for children everything links and nothing is compartmentalised. The challenge for practitioners is to ensure that children's learning and development occur as an outcome of their individual interests and abilities and that planning for learning and development takes account of these.

Some areas more readily link with particular capacities than do others. The line of reasoning here is that by focusing on encouraging children's sensitivity and awareness (of self and others) their personal, social and emotional development is improved. Through developing skills of reflecting on experience their knowledge and understanding of the world is more relevant.

In the Early Years Foundation Stage, as when children are older, their academic development is improved when their personal development (including the spiritual, moral, social and cultural dimensions) is addressed.

Expressive arts and design	being creative — responding to experiences, expressing and communicating ideas exploring media and materials creating music and dance developing imagination and imaginative play	Self-awareness, self-knowledge and self-esteem; Inner strength and resilience, Reflection on experience; Ideas and aspirations; Sensitivity and responsiveness
Communication and Language	language for communication language for thinking	Reflection on experience; Ideas and aspirations; self-awareness, self-knowledge and self-esteem
Understanding the World	exploration and investigation, time, place, communities, cultures and special people	Seeking and striving; Reflection on experience; Sensitivity and responsiveness; Self-awareness, self-knowledge and self-esteem; Love and relationships
Personal, Social and Emotional	dispositions and attitudes self-confidence and self-esteem making relationships behaviour and self-control	Self-awareness, self-knowledge and self-esteem; Sensitivity and awareness, Love and relationships; Ideas and

	self-care sense of community	aspirations, Reflection on experience
Physical Development	movement and space health and bodily awareness using equipment and materials	Self-awareness, self- knowledge and self-esteem; Inner strength and resilience; Seeking and striving
Maths	counting, understanding and using numbers, calculating simple addition and subtraction problems, spaces, and measures.	Ideas and aspirations; inner strength and resilience
Literacy	Linking sounds and letters, reading (books, poems & other written materials), writing handwriting	Sensitivity and responsiveness, Self- confidence and self-esteem, Reflection on experience